Bokkerijder 2026: Session: 2: COACH evaluation sheet for TEAM: HZS

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mulkers Lander HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 14: 200M MEDLEY WOMEN 11+ Heat:3, starttime: 14:21

Heat: 3/13 Lane : 3 Athlete: POELMANS JULIE **Q-time: 03:38:20**

PB (25m pool): no time **PB (50m pool):** 03:38.20 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 11+ Heat:4, starttime: 14:26

Heat: 4/13 Lane : 2 Athlete: STRIGENCZ ELIEN **Q-time: 03:23:17**

PB (25m pool): no time **PB (50m pool):** 03:23.17 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 11+ Heat:6, starttime: 14:33

Heat: 6/13 Lane : 5 Athlete: PUT TYANA **Q-time: 03:11:52**

PB (25m pool): 03:22.30 Lommel 22/02/2026 **PB (50m pool):** 03:11.52 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:47.08		no time		no time		03:22.30
	00:47.08							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Bokkerijder 2026: Session: 2: COACH evaluation sheet for TEAM: HZS

Event number: 14: 200M MEDLEY WOMEN 11+ **Heat:7, starttime: 14:37**

Heat: 7/13 Lane : 2 Athlete: DESAIR ANNA-LOUISE **Q-time: 03:05:78**

PB (25m pool): 04:00.97 3500 Hasselt 28/04/2024 **PB (50m pool):** 03:05.78 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		04:00.97
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 11+ **Heat:7, starttime: 14:37**

Heat: 7/13 Lane : 4 Athlete: LENAERTS JULIA **Q-time: 03:03:75**

PB (25m pool): 03:13.63 Lommel 22/02/2026 **PB (50m pool):** 03:03.75 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:45.48		no time		no time		03:13.63
		00:45.48						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 11+ **Heat:9, starttime: 14:44**

Heat: 9/13 Lane : 2 Athlete: VANDER MEER AMBER **Q-time: 02:52:58**

PB (25m pool): 02:57.77 3500 Hasselt 20/10/2024 **PB (50m pool):** 02:52.58 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:39.50		01:24.14		02:15.42		02:57.77
		00:39.50		*00:44.64*		*00:51.28*		*00:42.35*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 11+ **Heat:9, starttime: 14:44**

Heat: 9/13 Lane : 3 Athlete: CLAESSENS ISA-BEAU **Q-time: 02:52:17**

PB (25m pool): 03:04.97 Pelt 05/10/2025 **PB (50m pool):** 02:52.17 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:40.52		no time		no time		03:04.97
		00:40.52						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Bokkerijder 2026: Session: 2: COACH evaluation sheet for TEAM: HZS

Event number: 14: 200M MEDLEY WOMEN 11+ — Heat:9, starttime: 14:44

Heat: 9/13 Lane : 4 Athlete: GERETS ANNELIEN — **Q-time: 02:52:39**

PB (25m pool): 02:54.84 3500 Hasselt 23/11/2025 **PB (50m pool):** 02:52.39 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:38.00		01:22.23		02:14.21		02:54.84
		00:38.00		*00:44.23*		*00:51.98*		*00:40.63*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 11+ — Heat:9, starttime: 14:44

Heat: 9/13 Lane : 5 Athlete: BEVERNAGE TRIX — **Q-time: 02:57:13**

PB (25m pool): 02:57.54 Lommel 22/02/2026 **PB (50m pool):** 02:57.13 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:40.83		no time		no time		02:57.54
		00:40.83						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 11+ — Heat:11, starttime: 14:51

Heat: 11/13 Lane : 3 Athlete: COPERMANS SAM — **Q-time: 02:44:31**

PB (25m pool): 02:44.31 3500 Hasselt 23/11/2025 **PB (50m pool):** 02:51.24 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:33.34		01:17.64		02:07.97		02:44.31
		00:33.34		*00:44.30*		*00:50.33*		*00:36.34*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 11+ — Heat:12, starttime: 14:54

Heat: 12/13 Lane : 3 Athlete: BEUNCKENS TESS — **Q-time: 02:38:51**

PB (25m pool): 02:39.96 Tremelo 25/05/2025 **PB (50m pool):** 02:40.97 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:35.72		no time		no time		02:39.96
		00:35.72						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Bokkerijder 2026: Session: 2: COACH evaluation sheet for TEAM: HZS

Event number: 14: 200M MEDLEY WOMEN 11+ — Heat:12, starttime: 14:54

Heat: 12/13 Lane : 4 Athlete: CLAESSENS ELLA-LOUISE — **Q-time: 02:41:34**

PB (25m pool): 02:41.34 3500 Hasselt 23/11/2025 **PB (50m pool):** 02:41.39 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:33.23		01:14.78		02:04.69		02:41.34
		00:33.23		*00:41.55*		*00:49.91*		*00:36.65*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 11+ — Heat:12, starttime: 14:54

Heat: 12/13 Lane : 5 Athlete: THEWISSEN MIRTHE — **Q-time: 02:41:71**

PB (25m pool): 02:41.71 3500 Hasselt 23/11/2025 **PB (50m pool):** 02:45.01 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:35.23		01:16.65		02:04.13		02:41.71
		00:35.23		*00:41.42*		*00:47.48*		*00:37.58*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 11+ — Heat:13, starttime: 14:57

Heat: 13/13 Lane : 2 Athlete: SARGESJAN NALA — **Q-time: 02:36:33**

PB (25m pool): 02:36.33 3500 Hasselt 23/11/2025 **PB (50m pool):** 02:39.26 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:32.47		01:13.44		02:01.08		02:36.33
		00:32.47		*00:40.97*		*00:47.64*		*00:35.25*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 15: 200M MEDLEY MEN 11+ — Heat:6, starttime: 15:22

Heat: 6/10 Lane : 2 Athlete: BRUNINX LEON — **Q-time: 02:54:56**

PB (25m pool): 03:07.17 Lommel 22/02/2026 **PB (50m pool):** 02:54.56 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:42.61		no time		no time		03:07.17
		00:42.61						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Bokkerijder 2026: Session: 2: COACH evaluation sheet for TEAM: HZS

Event number: 15: 200M MEDLEY MEN 11+ — Heat:8, starttime: 15:28

Heat: 8/10 Lane : 2 Athlete: HOUSEN ILYA — **Q-time: 02:37:08**

PB (25m pool): 02:42.60 Pelt 05/10/2025 **PB (50m pool):** 02:37.08 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:33.85		no time		no time		02:42.60
		00:33.85						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 15: 200M MEDLEY MEN 11+ — Heat:10, starttime: 15:35

Heat: 10/10 Lane : 2 Athlete: VANDEPOEL QUINTEN — **Q-time: 02:21:47**

PB (25m pool): 02:21.47 Hasselt 12/10/2025 **PB (50m pool):** 02:23.59 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:30.26		01:06.69		01:49.58		02:21.47
		00:30.26		*00:36.43*		*00:42.89*		*00:31.89*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 15: 200M MEDLEY MEN 11+ — Heat:10, starttime: 15:35

Heat: 10/10 Lane : 3 Athlete: VANGROOTLOON JEF — **Q-time: 02:17:96**

PB (25m pool): 02:17.96 Hasselt 12/10/2025 **PB (50m pool):** 02:18.62 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:28.99		01:05.55		01:47.03		02:17.96
		00:28.99		*00:36.56*		*00:41.48*		*00:30.93*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 15: 200M MEDLEY MEN 11+ — Heat:10, starttime: 15:35

Heat: 10/10 Lane : 6 Athlete: HAUBEN THOMAS — **Q-time: 02:28:66**

PB (25m pool): 02:28.66 Pelt 05/10/2025 **PB (50m pool):** 02:30.41 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:31.09		no time		no time		02:28.66
		00:31.09						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Bokkerijder 2026: Session: 2: COACH evaluation sheet for TEAM: HZS

Event number: 16: 200M FREESTYLE WOMEN 11+ — Heat:4, starttime: 15:49

Heat: 4/4 Lane : 4 Athlete: VANIERSCHOT ELLA — **Q-time: 02:19:37**

PB (25m pool): 02:19.37 Hasselt 04/05/2025 **PB (50m pool):** 02:22.08 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:32.37		01:08.49		01:45.62		02:19.37
		00:32.37		*00:36.12*		*00:37.13*		*00:33.75*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 16: 200M FREESTYLE WOMEN 11+ — Heat:4, starttime: 15:49

Heat: 4/4 Lane : 6 Athlete: VANDER MEER NOOR — **Q-time: 02:35:53**

PB (25m pool): 02:41.04 3500 Hasselt 23/11/2025 **PB (50m pool):** 02:35.53 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:37.58		01:18.54		02:00.16		02:41.04
		00:37.58		*00:40.96*		*00:41.62*		*00:40.88*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 17: 200M FREESTYLE MEN 11+ — Heat:3, starttime: 16:01

Heat: 3/4 Lane : 1 Athlete: SPREUWERS LEI — **Q-time: 03:06:89**

PB (25m pool): 03:26.66 Lommel 02/03/2025 **PB (50m pool):** 03:06.89 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:44.45		01:38.79		02:34.75		03:26.66
		00:44.45		*00:54.34*		*00:55.96*		*00:51.91*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 18: 100M FREESTYLE MIXED 10-9 — Heat:1, starttime: 16:23

Heat: 1/6 Lane : 1 Athlete: COSEMANS FINNE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 2: COACH evaluation sheet for TEAM: HZS

Event number: 18: 100M FREESTYLE MIXED 10-9 — Heat:2, starttime: 16:25

Heat: 2/6 Lane : 6 Athlete: BOGDANOVA ANNETE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE MIXED 10-9 — Heat:3, starttime: 16:28

Heat: 3/6 Lane : 3 Athlete: JANSSENS JANNE — **Q-time: 01:37:73**

PB (25m pool): 01:37.73 Eindhoven 28/06/2026 **PB (50m pool):** 01:42.98 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:44.62		01:37.73	
		00:44.62		*00:53.11*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M FREESTYLE WOMEN 11+ — Heat:2, starttime: 16:38

Heat: 2/15 Lane : 3 Athlete: TAIBI AYA — **Q-time: 01:28:15**

PB (25m pool): 01:28.15 Eindhoven 28/06/2026 **PB (50m pool):** 01:33.82 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:40.36		01:28.15	
		00:40.36		*00:47.79*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M FREESTYLE WOMEN 11+ — Heat:3, starttime: 16:41

Heat: 3/15 Lane : 3 Athlete: DANIELS LOTTE — **Q-time: 01:24:98**

PB (25m pool): 01:24.98 Eindhoven 28/06/2026 **PB (50m pool):** 01:25.22 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:40.52		01:24.98	
		00:40.52		*00:44.46*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 2: COACH evaluation sheet for TEAM: HZS

Event number: 19: 100M FREESTYLE WOMEN 11+ — Heat:3, starttime: 16:41

Heat: 3/15 Lane : 4 Athlete: POELMANS JULIE — **Q-time: 01:25:41**

PB (25m pool): 01:25.41 Pelt 05/10/2025 **PB (50m pool):** 01:26.62 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:41.30		01:25.41	
		00:41.30		*00:44.11*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M FREESTYLE WOMEN 11+ — Heat:6, starttime: 16:46

Heat: 6/15 Lane : 2 Athlete: STRIGENCZ ELIEN — **Q-time: 01:17:12**

PB (25m pool): 01:29.30 Pelt 05/10/2025 **PB (50m pool):** 01:17.12 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:42.15		01:29.30	
		00:42.15		*00:47.15*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M FREESTYLE WOMEN 11+ — Heat:6, starttime: 16:46

Heat: 6/15 Lane : 4 Athlete: PUT TYANA — **Q-time: 01:16:98**

PB (25m pool): 01:16.98 Eindhoven 28/06/2026 **PB (50m pool):** 01:18.54 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:36.81		01:16.98	
		00:36.81		*00:40.17*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M FREESTYLE WOMEN 11+ — Heat:7, starttime: 16:48

Heat: 7/15 Lane : 3 Athlete: DESAIR ANNA-LOUISE — **Q-time: 01:15:91**

PB (25m pool): 01:20.78 Hasselt 12/10/2025 **PB (50m pool):** 01:15.91 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:39.42		01:20.78	
		00:39.42		*00:41.36*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 2: COACH evaluation sheet for TEAM: HZS

Event number: 19: 100M FREESTYLE WOMEN 11+ — Heat:9, starttime: 16:52

Heat: 9/15 Lane : 3 Athlete: VANIERSCHOT LINA — **Q-time: 01:12:26**

PB (25m pool): 01:11.05 3500 Hasselt 30/04/2023 **PB (50m pool):** 01:12.26 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:11.05	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M FREESTYLE WOMEN 11+ — Heat:10, starttime: 16:53

Heat: 10/15 Lane : 3 Athlete: GERETS ANNELIEN — **Q-time: 01:09:82**

PB (25m pool): 01:12.21 Hasselt 12/10/2025 **PB (50m pool):** 01:09.82 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:34.86		01:12.21	
		00:34.86		*00:37.35*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M FREESTYLE WOMEN 11+ — Heat:10, starttime: 16:53

Heat: 10/15 Lane : 5 Athlete: VANDER MEER NOOR — **Q-time: 01:11:51**

PB (25m pool): 01:14.87 Hasselt 12/10/2025 **PB (50m pool):** 01:11.51 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:36.63		01:14.87	
		00:36.63		*00:38.24*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M FREESTYLE WOMEN 11+ — Heat:11, starttime: 16:55

Heat: 11/15 Lane : 1 Athlete: BEVERNAGE TRIX — **Q-time: 01:09:67**

PB (25m pool): 01:09.67 Eindhoven 28/06/2026 **PB (50m pool):** 01:10.98 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:33.47		01:09.67	
		00:33.47		*00:36.20*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 2: COACH evaluation sheet for TEAM: HZS

Event number: 19: 100M FREESTYLE WOMEN 11+ — Heat:12, starttime: 16:57

Heat: 12/15 Lane : 4 Athlete: JASPERS LIEN — **Q-time: 01:08:16**

PB (25m pool): 01:08.16 Bilzen 12/01/2025 **PB (50m pool):** 01:12.89 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:32.42		01:08.16	
		00:32.42		*00:35.74*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M FREESTYLE WOMEN 11+ — Heat:12, starttime: 16:57

Heat: 12/15 Lane : 6 Athlete: VANIERSCHOT NORA — **Q-time: 01:09:05**

PB (25m pool): 01:09.05 Pelt 05/10/2025 **PB (50m pool):** 01:09.95 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:33.56		01:09.05	
		00:33.56		*00:35.49*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M FREESTYLE WOMEN 11+ — Heat:13, starttime: 16:58

Heat: 13/15 Lane : 6 Athlete: CLAESSENS ISA-BEAU — **Q-time: 01:07:86**

PB (25m pool): 01:08.75 Eindhoven 28/06/2026 **PB (50m pool):** 01:07.86 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:32.57		01:08.75	
		00:32.57		*00:36.18*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M FREESTYLE WOMEN 11+ — Heat:15, starttime: 17:02

Heat: 15/15 Lane : 1 Athlete: COPERMANS SAM — **Q-time: 01:03:98**

PB (25m pool): 01:03.98 Hasselt 12/10/2025 **PB (50m pool):** 01:04.83 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:31.21		01:03.98	
		00:31.21		*00:32.77*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 2: COACH evaluation sheet for TEAM: HZS

Event number: 19: 100M FREESTYLE WOMEN 11+ — Heat:15, starttime: 17:02

Heat: 15/15 Lane : 4 Athlete: CLAESSENS ELLA-LOUISE — **Q-time: 01:01:38**

PB (25m pool): 01:02.43 Hasselt 12/10/2025 **PB (50m pool):** 01:01.38 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:30.33		01:02.43	
	00:30.33		*00:32.10*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M FREESTYLE MEN 11+ — Heat:1, starttime: 17:04

Heat: 1/12 Lane : 5 Athlete: VANGROOTLOON BERRE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M FREESTYLE MEN 11+ — Heat:4, starttime: 17:10

Heat: 4/12 Lane : 4 Athlete: BRUNINX VICTOR — **Q-time: 01:21:81**

PB (25m pool): 01:23.74 Eindhoven 28/06/2026 **PB (50m pool):** 01:21.81 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:40.05		01:23.74	
	00:40.05		*00:43.69*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M FREESTYLE MEN 11+ — Heat:4, starttime: 17:10

Heat: 4/12 Lane : 6 Athlete: SPREUWERS LEI — **Q-time: 01:25:14**

PB (25m pool): 01:30.17 Hasselt 04/05/2025 **PB (50m pool):** 01:25.14 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:40.55		01:30.17	
	00:40.55		*00:49.62*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 2: COACH evaluation sheet for TEAM: HZS

Event number: 20: 100M FREESTYLE MEN 11+ — Heat:8, starttime: 17:18

Heat: 8/12 Lane : 2 Athlete: BRUNINX LEON — **Q-time: 01:08:00**

PB (25m pool): 01:16.69 Lommel 22/02/2026 **PB (50m pool):** 01:08.00 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:16.69	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M FREESTYLE MEN 11+ — Heat:9, starttime: 17:19

Heat: 9/12 Lane : 5 Athlete: HOUSEN ILYA — **Q-time: 01:03:73**

PB (25m pool): 01:07.81 Pelt 05/10/2025 **PB (50m pool):** 01:03.73 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:33.31		01:07.81	
		00:33.31		*00:34.50*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M FREESTYLE MEN 11+ — Heat:11, starttime: 17:22

Heat: 11/12 Lane : 2 Athlete: HAUBEN THOMAS — **Q-time: 00:59:83**

PB (25m pool): 00:59.83 Hasselt 04/05/2025 **PB (50m pool):** 01:01.23 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:29.16		00:59.83	
		00:29.16		*00:30.67*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M FREESTYLE MEN 11+ — Heat:12, starttime: 17:24

Heat: 12/12 Lane : 1 Athlete: VANOPPEN MATHIAS — **Q-time: 00:58:49**

PB (25m pool): 00:59.35 Pelt 05/10/2025 **PB (50m pool):** 00:58.49 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:28.38		00:59.35	
		00:28.38		*00:30.97*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 2: COACH evaluation sheet for TEAM: HZS

Event number: 20: 100M FREESTYLE MEN 11+ — Heat:12, starttime: 17:24

Heat: 12/12 Lane : 3 Athlete: VANGROOTLOON JEF — **Q-time: 00:52:48**

PB (25m pool): 00:52.76 Gent 09/11/2025 **PB (50m pool):** 00:52.48 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:25.50		00:52.76	
		00:25.50		*00:27.26*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M FREESTYLE MEN 11+ — Heat:12, starttime: 17:24

Heat: 12/12 Lane : 5 Athlete: VANDEPOEL QUINTEN — **Q-time: 00:57:91**

PB (25m pool): 00:57.91 Hasselt 04/05/2025 **PB (50m pool):** 00:58.62 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:28.29		00:57.91	
		00:28.29		*00:29.62*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 4x50M MEDLEY WOMEN 11+ — Heat:1, starttime: 17:26

Heat: 1/2 Lane : 3 Athlete: TEAM HZS 5 — **Q-time: 03:03:44**

PB (25m pool): **PB (50m pool):** **SB:**

	25 M	50 M	75 M	100	125	150	175	200 M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 21: 4x50M MEDLEY WOMEN 11+ — Heat:2, starttime: 17:29

Heat: 2/2 Lane : 1 Athlete: TEAM HZS 3 — **Q-time: 02:28:89**

PB (25m pool): **PB (50m pool):** **SB:**

	25 M	50 M	75 M	100	125	150	175	200 M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Bokkerijder 2026: Session: 2: COACH evaluation sheet for TEAM: HZS

Event number: 21: 4x50M MEDLEY WOMEN 11+ — **Heat:2, starttime: 17:29**

Heat: 2/2 Lane : 3 Athlete: TEAM HZS 1 — **Q-time: 02:14:43**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 21: 4x50M MEDLEY WOMEN 11+ — **Heat:2, starttime: 17:29**

Heat: 2/2 Lane : 5 Athlete: TEAM HZS 2 — **Q-time: 02:23:82**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 21: 4x50M MEDLEY WOMEN 11+ — **Heat:2, starttime: 17:29**

Heat: 2/2 Lane : 6 Athlete: TEAM HZS 4 — **Q-time: 02:42:30**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 22: 4x50M MEDLEY MEN 11+ — **Heat:1, starttime: 17:33**

Heat: 1/2 Lane : 3 Athlete: TEAM HZS 2 — **Q-time: 02:56:78**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Bokkerijder 2026: Session: 2: COACH evaluation sheet for TEAM: HZS

Event number: 22: 4x50M MEDLEY MEN 11+ **Heat:2, starttime: 17:37**

Heat: 2/2 Lane : 3 Athlete: TEAM HZS 1 **Q-time: 02:02:97**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: